

More than a café,  a place to connect.

**HEAD ROOM**  
by Jami

**DINNER MENU**

Head Room is a social enterprise café by mental health charity Jami, where we offer so much more than just coffee and great food. Our free daily groups and activities provide mental health support and education to everyone, improving mental health, raising awareness and creating connection throughout our community.

### Small plates

<b>Crispy cauliflower</b> • Cooked until golden & crispy, dressed with tahini, tomato salad & rocket 	7.5
<b>Tricolore</b> • Mozzarella, avocado, tomato & rocket with homemade pesto and balsamic glaze 	11
<b>Israeli pita</b> • Pita bread served with homemade hummus, falafel & Israeli salad 	9.5

### Sides

Chips	5
Steamed greens 	6.5
Falafel 	6

### Extras

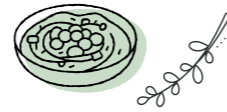
Bread (Gluten free available)	2.5
Aioli	1.5
Avocado	2.5
Feta	3
Halloumi	3


### Kids Menu



Fish goujons and chips	8
Pizza	7.5
Pasta with tomato sauce	7.5

### Big plates



<b>Salad Niçoise</b> • Tuna, anchovies, lettuce, egg, olives, red onion, tomatoes and croutons, with homemade vinaigrette dressing	15
<b>Smoked salmon salad</b> • Smoked salmon, avocado, rocket, capers, pomegranate seeds & fresh dill with homemade honey mustard dressing & freshly baked bread on the side	16.5
<b>Nourish bowl</b> • Avocado, grilled red pepper, spiced chickpeas, green beans, sweet potato, bulgar wheat & homemade hummus, with homemade vinegarett dressing & freshly baked bread on the side	14.5
<b>Teriyaki salmon</b> • Grilled teriyaki salmon with rice & salad	18.5
<b>Curry</b> • Chickpea & lentil curry served with rice 	14.5
<b>Fish and chips</b> • Haddock goujons in batter with chunky chips, salad and homemade aioli	18
<b>Creamy mushroom pasta</b> • Penne pasta with mushrooms, red onion, spinach & cream	14.5
<b>Spicy pasta arrabiata</b> • Penne pasta in a tomato, chilli & garlic sauce with fresh basil & grated parmesan	13.5

### Something sweet



Chocolate babka	4
Daily selection of freshly baked cakes (ask your server for details)	3.5

### Coffee



Espresso	2.2/2.6
Latte	3.2/3.6
Cappuccino	3.2/3.6
Flat white	3.2
Macchiato	3.2/3.6
Americano	3/3.2*
Babyccino	2
Mocha	3.9
Matcha latte	3.9
Hot chocolate	3.8

Oat, soya and almond milk are available upon request - £0.5

### Tea

English breakfast	2.9
Jasmine green	2.9
Fresh mint	2.9
Chamomile	2.9
Lemon and ginger	2.9
Green tea	2.9

\*with milk

### Iced coffee

Frappuccino	4.3
Iced americano	3.2/3.5*

Flavoured syrup £1 per shot

### Cold drinks

Fresh orange juice	4
Coke/Diet coke	2.5
Sprite	3
Apple juice	2.9
Sparkling water	3
Still water	3



### Smoothies & milkshakes

<b>Strawberry Sunshine</b> strawberry, mango and banana	5.5
<b>Tropical Crush</b> passion fruit, mango, papaya and pineapple	5.5
<b>Peachy Green</b> mango, peach, broccoli, kale and kiwi	5.5
<b>Milkshake</b> vanilla/chocolate	5.5

Purchase an extra cup of coffee or meal for someone who needs it.



For more information about Jami's community programme and how to book, visit:

[headroomcafe.org](http://headroomcafe.org)  
020 3301 0274

  headroomcafe



 Vegan  Gluten Free  KF Supervised  If you have a food allergy, intolerance, or coeliac disease – please speak to a member of staff about our ingredients before you order.

Head Room aims to be a fair employer including a commitment to paying our staff the London Living Wage or above. The 12.5% service charge added to your bill is a charitable donation made to Jami, supporting it to deliver essential mental health services. Registered charity no. 1003345.