

More than a café,  a place to connect.

# HEAD ROOM

by Jami

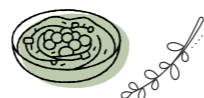
Head Room is a social enterprise café by mental health charity Jami, where we offer so much more than just coffee and great food. Our free daily groups and activities provide mental health support and education to everyone, improving mental health, raising awareness and creating connection throughout our community.

## All day brunch



Eggs on toast scrambled/ poached/ fried	6
Poached eggs with smoked salmon and avocado on sourdough toast with hollandaise sauce	13
Poached eggs with sautéed greens and feta on sourdough toast	13
Shakshuka with tahini served with sourdough toast	11
Avocado toast with halloumi, poached eggs and roasted peppers	12
Omelette with chips and salad Extra toppings - £1 each <i>cheese, mushrooms, tomato</i>	9
Creamy porridge served with fruit and nuts	7
Pancakes topped with maple syrup and served with fruit	10
Soup of the day	6.5
Crispy golden cauliflower with tahini, tomato salad and rocket	6
Homemade hummus with pita bread	5

## Mains



Mushroom crostini with herbs, garlic and cream cheese	12
Salmon, mushroom and courgette skewers with lemon sauce	14
Grilled teriyaki salmon with rice and salad	15
Chickpea and lentil curry with rice	12
Halloumi and mushroom rice bowl with salad	14
Pasta with creamy mushrooms, spinach and red onion	11
Greek salad	12

## Kids Menu



Fish goujons and chips	5.5
Pizza	6
Pasta with tomato sauce	5

## Sides

Chips	4
Steamed greens	6
Falafel	6

## Extras

Avocado	2
Feta	2
Halloumi	3
Bread	1

## Pastries and cakes



Croissant	2
Chocolate babka	3.5
Lemon cake	3.5
Carrot cake	3.5

## Pizza



Margherita mozzarella and tomato sauce	10
Marinara tomato sauce, no cheese	8
Mushroom wild mushrooms, mozzarella, olives, jalapenos and tomato sauce	13

## Coffee



Espresso	2/2.5
Latte	2.75/3.3
Cappuccino	2.75/3.3
Flat white	3
Macchiato	2.7/3
Americano	3
Babyccino	2
Mocha	3.5
Matcha latte	3.5
Hot chocolate	3.5

Oat, soya and almond milk are available upon request.

## Tea

English breakfast tea	2.5
Jasmine green	2.5
Fresh mint	2
Chamomile	2.5
Lemon and ginger	2.5
Green tea	2.5



## Iced coffee

Frappuccino	4
Iced americano	3

## Cold drinks

Fresh orange juice	3.5
Coke/Diet coke/Sprite	2
Apple juice	2
Sparkling water	3
Still water	2

## Smoothies & milkshakes

Strawberry Sunshine strawberry, mango and banana	4.5
Tropical Crush passion fruit, mango, papaya and pineapple	4.5
Peachy Green mango, peach, broccoli, kale and kiwi	4.5
Milkshake vanilla/chocolate	4

**Purchase an extra cup of coffee for someone who needs it.**



If you pay for an extra coffee when buying something for yourself, we will add it to our special Pay it Forward board. This voucher can then be redeemed by someone who needs it, whatever the reason.


**For more information about Jami's community programme and how to book, visit:**

[headroomcafe.org](http://headroomcafe.org)  
020 3301 0274

[f](https://www.facebook.com/headroomcafe) [@headroomcafe](https://www.instagram.com/headroomcafe)



 Vegan  Gluten Free  KF Supervised

 If you have a food allergy, intolerance, or coeliac disease – please speak to a member of staff about our ingredients before you order.