

Head Room Café - Sessional Worker

Job title	Head Room Café Facilitator - Sessional Worker
Contract	Sessional Contract
Hours	Sessional as required (Please note that in this role much of the work will take place outside of traditional working hours, including evenings, weekends and bank holidays)
Salary	£15 per hour
Service setting	Head Room Café (Golders Green, Mill Hill and Head Room To Go)

Organisation

Jami is a mental health charity that enriches and saves lives impacted by mental illness and distress in the Jewish community.

Since the start of the pandemic, demand for our services has grown exponentially. In 2021 we undertook a thorough review of the needs of the community, to develop a new strategy that will secure the Jewish community's mental health provision. The new strategy sets out a huge agenda for change in scale and provision, which will be developed over the next five years while we continue to run our diverse set of highly professional mental health services:

- Advice and advocacy
- Treatment and support
- Education and campaigning

Jami currently supports over 1,400 individuals, delivering almost 50,000 separate service interactions each year, and reaches thousands more people through education, seminars, work in schools and other organisations. Through our social enterprise community café, Head Room, we raise mental health awareness while delivering mental health support on the high street.

Job purpose

An exciting opportunity to join the Head Room Café team as we expand and develop our programme! This role is dynamic and creative, you will get to work collaboratively with the Head Room community across different projects and sessions.

Head Room Cafe is a social enterprise and a community hub, providing a space for mutual support and open conversations about mental health. We take mental health support out of an institutional context and onto the high street. We aim to expand the conversation from individualised wellbeing towards a focus on solidarity and mutual support in community. The café has developed a peer-led programme that offers opportunities for people to be part of an inclusive community, in a relaxed and fun environment. The programme tackles social isolation and raises awareness and socio-relational understanding of mental health and ways of responding to distress.

You will work within the Head Room Cafe Community Development team to assist in the co-production and/or delivery of a range of sessions, groups, and events.

This is a new role at Head Room Café and would suit someone who is open to developing the role with us and having a flexible working arrangement. There will be a trial period of 6 weeks.

The hours of this role will fluctuate according to the needs of the café community program.

Responsibilities

- Facilitate sessions, groups and events using Jami, Head Room Café and peer support values.
- Set up the space before groups and organise and clean up after.
- Build meaningful connections, with community members, volunteers and other Jami staff.
- Draw on Intentional Peer Support Tasks and Principals and/or lived experience when building relationships, facilitating groups and service development. Training will be provided.
- Use evaluation systems in place to ensure all sessions are monitored and outcomes can be measured.
- Complete post session reporting form.
- Model the use of non-discriminatory, non-jargon and non-medical language in your work to help combat discrimination and prejudice.
- Consult and inform the Community Development Manager of any issues that may affect the efficient running of sessions.
- Identify and address additional support needs of sessions participants and signpost to Community Development Team.
- Work within Health and Safety Guidelines, with particular reference to the Lone Worker Policy and individual risk assessments.
- Compliance with the Equality Act, and Health and Safety legislation.
- Attend and participate in regular training and supervision.
- Incorporate feedback from supervision into practice.
- Booking in holidays/leave at least 2 weeks in advance

Key relationships

- Work closely with Head Room Café Community Development Team, volunteers, Front of House team and existing café community to cultivate and ensure smooth delivery of the programme
- Work with Community Development Coordinator to ensure monitoring and evaluation of the programme

Training and Qualifications

Essential	Desirable
	<ul style="list-style-type: none">• First Aid• Peer Support

Knowledge and Experience

Essential	Desirable
<ul style="list-style-type: none">• Group facilitation experience• Ability to work independently and take initiative <p>Knowledge and commitment to equal opportunities and creating an inclusive environment</p> <p>Ability to respond to challenging situations</p> <p>Ability to build meaningful relationships with people, in particular with people who experience distress and trauma</p> <p>IT skills including Microsoft Word, Excel and PowerPoint.</p>	<ul style="list-style-type: none">• Personal experience of using mental health services and/or mental health problems, distress or trauma.

Flexibility

To deliver services effectively, a degree of flexibility is needed, and all post-holders may be required to perform work not specifically referred to above. Such duties will fall within the general scope of the job description. The job description will therefore be subject to periodic review with the post holder to ensure it accurately reflects the duties of the job.

Disclosure of criminal background

All employees are checked with the Disclosure Barring Service

If it is a requirement of the post that an enhanced check is undertaken, successful applicants will be asked to complete and sign a Disclosure Form giving permission for the screening to take place.

Having a criminal record will not necessarily bar you from working with Jami. This will depend on the nature of the position and the circumstances and background of offences.

Please note applicants refusing to sign the form will not be progressed further.

Equality and diversity

Jami are proud to be an equal opportunity workplace. We recognise and promote, the positive value of diversity, equality and challenge discrimination. We welcome and encourage job applications from people of all backgrounds.

Confidentiality

All information relating to service users, volunteers and staff gained through your employment with Jami is confidential. Any disclosure to any unauthorized person is a serious disciplinary offence.

For further details please contact **Daniel Neis** on 020 8458 2223 or email **Daniel.Neis@jamiuk.org**.

To apply for the role, please send your CV and covering letter to **recruitment@jamiuk.org**. This application is on a rolling basis as we are often looking for sessional workers to join our team. We will review applications as they come in and invite relevant applicants for interviews.