



## Food Menu

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### Brunch

Organic porridge with fresh fruit, fruit comfiture & mixed nuts	£5.50
Granola, yoghurt, honey & fresh fruit	£5.50
Avocado & feta on toasted French sourdough	£7.50
Avocado, halloumi & tomato salad on French sourdough	£8.50
Omelette with herbs & any 2 toppings, served with chips & salad Extra toppings £1.00: cheddar/feta/mushrooms/tomatoes/peppers/onion	£8.00
Poached egg with sautéed greens, feta & seeds on French sourdough	£9.50
Scrambled egg, smoked salmon & avocado on French sourdough	£10.00
Copper pan shakshuka with schug, tahini & challah	£10.00
Full veggie English with sausage, fried egg, tomato, mushrooms, beans, chips & challah	£11.00

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### Small plates & Sides

Crispy golden cauliflower with tahini, tomato salad & rocket	£6.00
Salmon teriyaki skewers	£7.00
Fries	£4.00
Sautéed greens	£6.00
Side salad	£3.50
Hummus & pita	£4.50
Falafel, pita & tahina dip	£5.50
Halloumi fries with sweet chilli dip	£7.00

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### Kids

Scrambled egg on toast	£5.50
Fish goujons & chips	£5.50
Penne & cheese	£5.50
Margherita Sandwich	£5.50

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All money taken, including a discretionary 12.5% service charge that will be added to your bill, contributes to delivering Jami's vital mental health services at the Head Room Café and across the community. Thank you.

Find out more about Jami at [www.jamiuk.org](http://www.jamiuk.org)

Registered Charity 1003345

SUPPORTED BY



A SOCIAL ENTERPRISE FROM





## Lunch / Dinner

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Soup of the day with French sourdough	£5.50
Greek salad Tomato, cucumber, peppers, mixed leaves, red onion, olives, feta & za'atar	£10.00
Halloumi salad Lettuce, onion, roasted tomatoes, peppers, carrots, fried mushroom, halloumi & fried egg	£12.00
Grilled salmon teriyaki & quinoa salad with super green vegetables	£12.50
Mushroom burger - mushroom, peppers, tomato, feta, balsamic drizzle & chips	£9.00
Halloumi burger - halloumi tomato, avocado, sweet chilli sauce & chips	£11.00
Fish burger - battered haddock, tomato, pickles, lettuce, garlic aioli & chips	£12.50
Fish & chips - battered haddock, chips & garlic aioli	£12.00
Fish goujons - served with chips & salad	£10.00
Penne pasta with homemade pesto, roasted veg & cherry tomatoes	£9.00
Penne pasta with a Creamy mushroom & Parmesan sauce	£9.00
Jacket potato with one filling & salad Extra filling £1: Baked beans/Tuna mayo/Feta/Cheddar/Sweetcorn	£6.50

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## Gourmet Sandwiches

Toasted Tuna Melt on Sourdough - with red onion & cheddar cheese	£6.50
Tricolore Ciabatta - tomato, mozzarella, avocado, basil & homemade pesto	£7.00
Primevera Ciabatta - roasted vegetables, mozzarella & garlic aioli	£7.00
French Goats Cheese sandwich with fig, honey & almonds in toasted sourdough	£7.50
Roasted Chickpea Ciabatta with hummus, cucumber, rocket & lemon yoghurt	£7.00
Smoked Salmon & cream cheese Sourdough sandwich	£7.50
Israeli Filled Pita - falafel, hummus, tahini, salad & chips	£7.00

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## Savoury Crêpes

Smoked salmon & cream cheese	£7.50
Mushroom, cheddar & honey mustard	£7.50
Tuna, cheddar & red onion	£7.50

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**SIP . SHOP . SHARE**



## Dessert Menu

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Ice cream - per scoop	£2.50
Apple Cake	£3.50
Double Chocolate Cake	£3.50
Carrot Cake	£3.50
Lemon Cake	£3.50
Chocolate Babka	£3.50
Croissant	£1.50
Pan Au Chocolate	£2.00
Add Cream for 50p	

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### **French Crêpes**

Nutella & banana	£5.50
Lemon & sugar	£4.50
Cinnamon & sugar	£4.50
Maple syrup & cream	£5.00
Strawberry & cream	£5.00
Extra cream	£0.50
Extra Scoop of Ice cream	£1.50

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## Hot Drinks Menu Decaf, soya milk & almond milk is available upon request

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Espresso / Double Espresso	£2.00 / £2.50
Machiato / Double Machiato	£2.00 / £2.50
Americano	£2.50
Cappuccino / Large Cappuccino	£2.50 / £3.00
Latte / Large Latte	£2.50 / £3.00
Flat White	£2.50
Mocha Coffee	£3.00
Babyccino	£2.00
Chai Latte	£3.50
Matcha Latte	£3.50
Classic Chocolate	£3.00
Classic Chocolate with cream	£3.50
Dirty Hot Chocolate	£4.50
Cookie / Marshmallows / Choc Chips & Whipped Cream	

### Teas

Fresh Lemon Tea	£2.00
Fresh Lemon & Ginger Tea	£2.00
Fresh Mint Tea	£2.00
English Tea	£2.00
Earl Grey	£2.50
Green / Jasmine Green	£2.50
Peppermint	£2.50
Chamomile	£2.50
Lemongrass & Ginger	£2.50

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## Cold Drinks Menu

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### Freshly squeezed juices

Orange juice	£3.50
Carrot juice	£3.50
Apple juice	£3.50

### Cold drinks

Homemade Limonana	£4.00
Apple juice	£2.00
Iced Latte	£2.50
Ice Coffee Frappe	£4.50
Matcha & Honey Iced Latte	£4.00
Still/Sparkling Water - small/large	£2.00/£3.50
Coke/Diet Coke/Sprite	£2.00

### Smoothies

Merry Berry: blackberry, strawberry, raspberry, blueberry & banana	£4.50
Beet N' Berry: beetroot, raspberry, banana & ginger	£4.50
Groovy Green: avocado, spinach, pear, mint, green apple & melon	£4.50
Peachy Green: kale, broccoli, peach, mango & kiwi	£4.50
Strawberry Sunshine: strawberry, mango & banana	£4.50
Tropical Crush: passion fruit, papaya, mango & pineapple	£4.50

### Milkshakes Add Cream for 50p / **Make it Messy** for £1: Marshmallows, choc chips, choc sauce & cream

Chocolate, Vanilla	£4.00
Strawberry, Banana	£4.50
Cookie	£5.00
Banoffi Pie	£5.00
Peanut & Salted Caramel	£5.00

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## Alcohol

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### Bottled Beer

Brewdog Dead Pony	£5.00
Camden Hells Lager	£5.00

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### Red Wine

#### Glass / Bottle

Charisma Cabernet	£5.00 / £17.00
Recanati Shiraz	£6.00 / £23.00

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### White Wine

#### Glass / Bottle

Charisma Sauvignon blank	£5.00 / £17.00
Racanati Yasmin	£6.00 / £19.00

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### Rosé

#### Glass / Bottle

100 Troes	£6.00 / £29.00
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### Cocktails

Spiced Sangria	£7.00
Gin & tonic	£7.00
Mojito	£7.50
Lemonana - Vodka, crushed ice, mint & lemon	£7.50
Alcoholic Smoothie (add Vodka 50ml to your smoothie)	£7.50

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