



Food Menu

Breakfast · Brunch 8am - 4pm

Avocado and feta on toasted French sourdough	£7.50
Scrambled eggs on French sourdough with tomatoes, olives & feta	£8.50
Avocado, halloumi and tomato salad on French sourdough	£8.50
Eggs any way on French Sourdough. 2 eggs fried, scrambled or poached	£6.00
Omelette with herbs & any 2 toppings, served with chips & salad	£8.00
Extra toppings £1.00: cheddar, feta, mushrooms, tomatoes, peppers, onion	
Poached egg with sautéed greens, feta & seeds on French sourdough	£9.50
Scrambled egg, smoked salmon & avocado on French sourdough	£10.00
Full veggie English with sausage, fried egg, tomato, mushrooms, beans, chips & challah	£11.00
Copper pan shakshuka with sehug, tahini & challah	£10.00
Market burekas with tahini, salad, eggs, grated tomatoes, sehug & olives	£10.00
Pancake with strawberry, blueberry, banana, whipped cream & maple syrup	£8.50
Organic porridge with fresh fruit, fruit comfiture & mixed nuts	£5.50

Sourdough toasties

Roasted mushrooms, cheddar, mustard, honey & thyme	£6.50
Roasted vegetables & cheddar	£6.50
Cheese & tomato	£6.50
Tuna Melt	£6.50
Add fries or a side salad for £3.50	

Jacket Potatoes

Jacket potato with one filling & salad	£6.50
Fillings: Baked beans / Tuna mayo / Feta cheese / Cheddar cheese / Shakshuka sauce / Sweetcorn	
£1 for each extra filling	

All our staff at Head Room Café are paid at or above the London Living Wage. This isn't a legal requirement, but we feel that it is very important for us to demonstrate, as a responsible and caring employer, that our actions are consistent with our words. This also enables us to ensure that all money taken, including the discretionary service charge of 12.5%, directly supports Jami to deliver vital mental health services in the community. Thank you.

Find out more about Jami at www.jamiuk.org

Registered Charity 1003345

A SOCIAL ENTERPRISE FROM

Jami

The Mental Health Service for our Community

SUPPORTED BY



THE MAURICE WOHL
CHARITABLE FOUNDATION



Lunch

Soup of the day with French sourdough	£5.00
Battered haddock, chips & aioli sauce	£12.50
Halloumi burger with tomato, avocado, mushroom, pickles, sweet chilli salsa & chips	£11.00
Fish burger with battered haddock, tomato, pickles, lettuce, aioli sauce & chips	£12.50
Head Room salad Lettuce, tomato, cucumber, mini radish, onion, feta, za'atar and sumac	£10.00
Jerusalem salad Cucumber, tomato, parsley, radish, onion, mint, croutons, chickpeas and tahini	£10.00
Halloumi salad Lettuce, onion, roasted tomatoes, peppers, carrots, fried mushroom, halloumi & fried egg	£12.00
Grilled salmon teriyaki and quinoa salad with super green vegetables	£12.50
Seared tuna nicoise with lettuce, cucumber, radish, tomato, onion, baby potatoes and olives	£12.50
Falafel in pita served with hummus, tahini, salad & chips	£8.00
Fish goujons with chips and salad	£11.00

Small plates & Sides

Crispy golden cauliflower with tahini, tomato salad & rocket	£6.00
Salmon teriyaki skewers	£7.00
Fries	£4.00
Side salad	£3.50
Hummus & pita	£4.50
Falafel, pita & tahina dip	£5.50
Halloumi fries with sweet chilli dip	£7.00
Sautéed greens	£6.00

Kids

Scrambled egg on toast	£5.50
Fish goujons & chips	£5.50
Cheese & tomato toastie	£5.50
Spaghetti & cheese	£5.50



Drinks Menu

Coffees

Espresso / Double Espresso	£2.00 / £2.50
Machiato / Double Machiato	£2.00 / £2.50
Americano	£2.50
Cappuccino / Large Cappuccino	£2.50 / £3.00
Latte / Large Latte	£2.50 / £3.00
Flat White	£2.50
Mocha Coffee	£3.00

Decaf, soya milk & almond milk is available upon request

Hot Drinks

Babyccino	£2.00
Chai Latte	£3.50
Matcha Latte	£3.50
Sahlev (Coconut, Rose Water & Nuts)	£3.50

Decaf, soya milk & almond milk is available upon request

Hot Chocolates

Classic Chocolate	£3.00
Classic Chocolate with cream	£3.50
Dirty Hot Chocolate	£4.50
Cookie / Marshmallows / Choc Chips & Whipped Cream	

Decaf, soya milk & almond milk is available upon request

**Teas**

Fresh Lemon Tea	£2.00
Fresh Lemon & Ginger Tea	£2.00
Fresh Mint Tea	£2.00
English Tea	£2.00
Earl Grey	£2.50
Green / Jasmine Green	£2.50
Blackcurrant & Hibiscus	£2.50
Peppermint	£2.50
Chamomile	£2.50
Lemongrass & Ginger	£2.50

Cold drinks

Homemade Limonana	£4.00
Apple juice	£2.00
Iced Latte	£2.50
Ice Coffee Frappe	£4.50
Ice Chocolate Frappe	£4.50
Matcha & Honey Iced Latte	£4.00
Still / Sparkling Water	£2.00 / £3.50
Coke / Diet Coke / Sprite	£2.00

Freshly squeezed juices

Orange juice	£3.50
Orange & carrot juice	£3.50
Carrot juice	£3.50
Beets, carrot, ginger & celery juice	£3.50
Orange & pomegranate juice	£4.00
Pomegranate juice	£4.00



Smoothies

Merry Berry: blackberry, strawberry, raspberry, blueberry & banana	£4.50
Beet N' Berry: beetroot, raspberry, banana & ginger	£4.50
Groovy Green: avocado, spinach, pear, mint, green apple & melon	£4.50
Peachy Green: kale, broccoli, peach, mango & kiwi	£4.50
Strawberry Sunshine: strawberry, mango & banana	£4.50
Tropical Crush: passion fruit, papaya, mango & pineapple	£4.50

Milkshakes

Chocolate, Vanilla	£4.00
Strawberry, Banana	£4.50
Cookie	£5.00
Banoffi Pie	£5.00
Peanut & Salted Caramel	£5.00

Add Cream for 50p

Make it Messy for £1: Marshmallows, choc chips, choc sauce & cream

Desserts

Ice cream	£2.50 a scoop
Apple Cake	£3.50
Double Chocolate Cake	£3.50
Carrot Cake	£3.50
Lemon Cake	£3.50
Chocolate Babka	£3.50
Croissant	£1.50
Pan Au Chocolate	£2.00

Add Cream for 50p

Please ask for daily specials

SIP . SHOP . SHARE



Alcohol

Bottled Beer

Brewdog Dead Pony	£5.00
Camden Hells Lager	£5.00

Red Wine

Glass / Bottle

Charisma Cabernet	£5.00 / £17.00
Recanati Shiraz	£6.00 / £23.00

White Wine

Glass / Bottle

Charisma Sauvignon blank	£5.00 / £17.00
Racanati Yasmin	£6.00 / £19.00

Rosé

Glass / Bottle

100 Trores	£6.00 / £29.00
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Cocktails

Spiced Sangria	£7.00
Gin & tonic	£7.00
Mojito	£7.50
Lemonana - Vodka, crushed ice, mint & lemon	£7.50
Alcoholic Smoothie (add Vodka 50ml to your smoothie)	£7.50
