



Food Menu 8am - 4pm

Breakfast • Brunch

Avocado and feta on toasted French sourdough	£7.50
Scrambled eggs on French sourdough with tomatoes, olives & feta	£8.50
Avocado, halloumi and tomato salad on French sourdough	£8.50
Eggs any way on French Sourdough. 2 eggs fried, scrambled or poached	£6.00
Omelette with herbs & any 2 toppings, served with chips & salad Extra toppings £1.00: cheddar, feta, mushrooms, tomatoes, peppers, onion	£8.00
Poached eggs with sautéed greens, feta & seeds on French sourdough	£9.50
Scrambled eggs, smoked salmon & avocado on French sourdough	£10.00
Full veggie English with sausage, fried egg, tomato, mushrooms, beans, chips & challah	£11.00
Copper pan shakshuka with schug, tahini & challah	£10.00
Organic porridge with fresh fruit, fruit comfiture & mixed nuts	£5.50

Small plates & Sides

Crispy golden cauliflower with tahini, tomato salad & rocket	£6.00
Salmon teriyaki skewers	£7.00
Fries	£4.00
Side salad	£3.50
Hummus & pita	£4.50
Falafel, pita & tahina dip	£5.50
Halloumi fries with sweet chilli dip	£7.00
Sautéed greens	£6.00

Jacket Potatoes

Jacket potato with one filling & salad	£6.50
Fillings: Baked beans / Tuna mayo / Feta cheese / Cheddar cheese / Shakshuka sauce / Sweetcorn £1 for each extra filling	

All money taken, including a discretionary 12.5% service charge that will be added to your bill, contributes to delivering Jami's vital mental health services at the Head Room Café and across the community. Thank you.

Find out more about Jami at www.jamiuk.org

Registered Charity 1003345

SUPPORTED BY



A SOCIAL ENTERPRISE FROM





Lunch

Soup of the day with French sourdough	£5.00
Halloumi burger with tomato, avocado, mushroom, pickles, sweet chilli salsa & chips	£11.00
Greek salad Tomato, cucumber, peppers, mixed leaves, red onion, olives, feta and za'atar	£10.00
Head Room salad Cucumber, tomato, parsley, red onion, mint, croutons, chickpeas and tahini	£10.00
Halloumi salad Lettuce, onion, roasted tomatoes, peppers, carrots, fried mushrooms, halloumi & fried egg	£12.00
Grilled salmon teriyaki and quinoa salad with super green vegetables	£12.50
Seared tuna nicoise with lettuce, cucumber, egg, tomato, onion, baby potatoes and olives	£12.50
Falafel in pita served with hummus, tahini, salad & chips	£8.00
Fish goujons with chips and mixed salad	£11.00

Sourdough toasties

Roasted mushrooms, cheddar, mustard, honey & thyme	£6.50
Roasted vegetables & cheddar	£6.50
Cheese & tomato	£6.50
Tuna Melt	£6.50
Add fries or a side salad for £3.50	

Kids

Scrambled eggs on toast	£5.50
Fish goujons & chips	£5.50
Spaghetti & cheese	£5.50



Hot Drinks Menu

Decaf, soya milk & almond milk available upon request

Espresso / Double Espresso	£2.00 / £2.50
Machiato / Double Machiato	£2.00 / £2.50
Americano	£2.50
Cappuccino / Large Cappuccino	£2.50 / £3.00
Latte / Large Latte	£2.50 / £3.00
Flat White	£2.50
Mocha Coffee	£3.00
Babyccino	£2.00
Chai Latte	£3.50
Matcha Latte	£3.50
Sahlev (Coconut, Rose Water & Nuts)	£3.50

Hot Chocolate

Classic Chocolate	£3.00
Classic Chocolate with cream	£3.50
Dirty Hot Chocolate	£4.50
Cookie / Marshmallows / Choc Chips & Whipped Cream	

Teas

Fresh Lemon Tea	£2.00
Fresh Lemon & Ginger Tea	£2.00
Fresh Mint Tea	£2.00
English Tea	£2.00
Earl Grey	£2.50
Green / Jasmine Green	£2.50
Blackcurrant & Hibiscus	£2.50
Peppermint	£2.50
Chamomile	£2.50
Lemongrass & Ginger	£2.50



Cold Drinks Menu

Cold drinks

Homemade Limonana	£4.00
Apple juice	£2.00
Iced Latte	£2.50
Iced Coffee Frappê / Iced Chocolate Frappê	£4.50
Matcha & Honey Iced Latte	£4.00
Still / Sparkling Water - small/large	£2.00 / £3.50
Coke / Diet Coke / Sprite	£2.00

Freshly squeezed juices

Orange juice	£3.50
Orange & carrot juice	£3.50
Carrot juice	£3.50
Beets, carrot, ginger & celery juice	£3.50
Orange & pomegranate juice	£4.00

Smoothies

Merry Berry: blackberry, strawberry, raspberry, blueberry & banana	£4.50
Beet N' Berry: beetroot, raspberry, banana & ginger	£4.50
Groovy Green: avocado, spinach, pear, mint, green apple & melon	£4.50
Peachy Green: kale, broccoli, peach, mango & kiwi	£4.50
Strawberry Sunshine: strawberry, mango & banana	£4.50
Tropical Crush: passion fruit, papaya, mango & pineapple	£4.50

Milkshakes Add Cream for 50p / Make it Messy for £1: Marshmallows, choc chips, choc sauce & cream

Chocolate, Vanilla	£4.00
Strawberry, Banana	£4.50
Cookie	£5.00
Banoffi Pie	£5.00
Peanut & Salted Caramel	£5.00

SIP . SHOP . SHARE



Dessert Menu

Ice cream - per scoop	£2.50
Apple Cake	£3.50
Double Chocolate Cake	£3.50
Carrot Cake	£3.50
Lemon Cake	£3.50
Chocolate Babka	£3.50
Croissant	£1.50
Pain Au Chocolate	£2.00
Add Cream for 50p	

Please ask for daily specials

French Crêpe	£4.00
plus each extra topping	
Lemon & Sugar/Cinnamon & Sugar/Banana/Chocolate chips/Whipped cream	£0.50
Dulce de Leche/Maple syrup	£0.50
Nutella/Strawberry/Blueberry	£1.00
Scoop of Ice Cream	£1.50
American Pancakes with Maple Syrup, Cream & Fruit	£7.00



Alcohol

Bottled Beer

Brewdog Dead Pony	£5.00
Camden Hells Lager	£5.00

Red Wine

Glass / Bottle

Charisma Cabernet	£5.00 / £17.00
Recanati Shiraz	£6.00 / £23.00

White Wine

Glass / Bottle

Charisma Sauvignon blanc	£5.00 / £17.00
Racanati Yasmin	£6.00 / £19.00

Rosé

Glass / Bottle

100 Tropes	£6.00 / £29.00
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Cocktails

Spiced Sangria	£7.00
Gin & tonic	£7.00
Mojito	£7.50
Lemonana - Vodka, crushed ice, mint & lemon	£7.50
Alcoholic Smoothie (add Vodka 50ml to your smoothie)	£7.50
